



FRDP



# TRUSTING STRENGTHS, NAVIGATION CHALLENGES

## News Bulletin



**Help others without any reason and give without  
the expectation of receiving anything in return.**

Roy T. Bennett



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## Trusting Strengths: Navigating Through Hard Water with FRDP

The countrywide flooding that affected the provinces of Sindh and Baluchistan brought unprecedented challenges to the people and the systems that serve them. But in the midst of these challenges, the FRDP team rose to the occasion and demonstrated its commitment to service and community-led initiatives. The FRDP team's approach was anchored on local wisdom, community engagement, and a focus on the needs of the affected populations. They leveraged their experience and expertise to provide immediate relief to the affected communities, including food, shelter, and medical assistance. They also worked closely with community organizations to identify the pressing needs of the people and develop a comprehensive rehabilitation plan that addressed both short-term and long-term needs.

The team navigated difficult terrain, they remained starved but ensure feed for everyone and reached the remotest areas to provide a helping hand. Having all challenges around, FRDP teams' resilience, dedication, and teamwork proved that they were able to overcome these challenges and deliver essential services to the affected populations at a larger scale.

The FRDP team was able to make a significant impact on the lives of the affected populations. They were able to provide immediate relief to those in need and develop a comprehensive rehabilitation plan that supported the rebuilding of homes and livelihoods. The success of FRDP and its partner's response to the flooding is a testament to the power of community-led initiatives and the importance of local wisdom in addressing complex challenges. The team's efforts have made a significant impact on the lives of the affected populations and have set an example for others to follow in responding to similar challenges in the future. The FRDP team's dedication and commitment to service are truly inspiring and are a source of hope for.

## FRDP-Resilience and Determination in the Face of Adversity

As we look back on the events of the past two and a half years, it is clear that our world has been deeply affected by the global pandemic and the devastating flood of 2022. The challenges posed by these emergencies have tested the resilience and determination of communities across the world, including in Pakistan. In the face of these difficulties, organizations like the Fast Rural Development Program (FRDP) have been invaluable in their efforts to provide support and assistance to those in need.

FRDP, a not-for-profit organization working throughout the provinces of Pakistan, has a mission to promote self-resilience in communities and contribute to sustainable development through an integrated, inclusive, and environment-friendly approach. The organization's commitment to its people was evident in the aftermath of the flood of 2022, as FRDP worked tirelessly to rescue and support over 300,000 people in its 19 project districts across the country.

FRDP was quick to assess the needs of the affected population, providing critical support such as cooked food, safe drinking water, shelters, low-cost housing, food and non-food items, health and hygiene kits, health camps, fodder for livestock, and alternate learning centers for displaced children. The organization also organized education and awareness sessions for women, girls, the differently-abled, and older populations. And, as winter approached, FRDP provided winterization kits to families living by the side of the road and in damaged houses.

This remarkable response to the challenges posed by the pandemic and the flood of 2022 is a testament to FRDP's unwavering commitment to improving the lives of those in need and building a more resilient and empowered society in Pakistan. FRDP's governance, management, community institutions, and volunteers demonstrated remarkable determination and resilience in the face of intense pressure as they worked tirelessly to serve those in need. Despite the challenges posed by the pandemic and the flood of 2022, these individuals remained steadfast in their beliefs and dedicated to serving those in desperate need of help.

Their unwavering commitment to improving the lives of those around them is a testament to the power of compassion and the impact that can be made through the hard work and dedication of dedicated individuals and organizations. It is truly inspiring to see the positive impact that can be made when people come together to make a difference, even in the face of seemingly insurmountable obstacles. As the rebuilding process continues and winter slowly fades away, another challenge is fast approaching for the communities affected by the pandemic and the flood of 2022 in Pakistan is the upcoming Ramadan season, coupled with the rising cost of living and essential items, is causing concern for millions of people who have already lost their livelihoods and are at risk of suffering even more.



This is a critical moment, and people with needs are turning to all who may support them. They need your help to ensure that we can continue serving these affected communities with dignity and provide them with the essential support they need to rebuild their lives. However, with the cost of living and essential items reaching new heights, it is becoming increasingly difficult for Civil Society to meet the needs of these communities. Generous contributions will help the continuity in the provision of critical support such as food, water, shelter, health services, and education to those in need. It will also promote self-resilience in communities and contribute to sustainable development through an integrated, inclusive, and environment-friendly approach.

## Overview of Outreach & Services Spectrum



## Services Spectrum



### Food Security Livelihood

- Men  
160,676
- Women  
241,014
- Children  
163,575



### Water, Sanitation, Health & Hygiene

- Men  
34,472
- Women  
51,708
- Children  
29,301



### Shelter & NFIs

- Men  
34,246
- Women  
51,369
- Children  
29,109



### Health & Nutrition

- Men  
7,800
- Women  
11,700
- Children  
6,630



### Education

- Children  
100

## Current Priorities



Reach some 375,000 households building low cost houses and provision of health and hygiene services.



Equip some 143,500 youth with self employable skills, establishing their links with capital and market.



Reach some 415,000 out of school children and provide them access to quality education.



Assist some 83,000 farmers with climate smart agriculture and livestock practices to reduce climate risk and contribute for food security.



Introducing appropriate solutions and providing access to safe drinking water for some 625,000 households.



Adopt 3,000 orphans, fund for their development and start establishment of Women Protection Center at Jamshoro



### **Emergency Support for Flood 2022 Affected Population in Jacobabad District**

There were days when heat waves started earlier in April and lasted for a long have caused havoc across the country, Jacobabad has not been spared. The majority of farmers in bordering districts faced water shortage, canals were empty and dust was blowing, district administration and local NGOs established camps to prevent people from heatstroke but there were some who collapsed. Suddenly (though the metrological department issued multiple warnings of more than normal rains) monsoon starts flooding water from Balochistan covering up the majority portion of Jacobabad.

The rural areas remained underwater for over 2 months, though flooding has receded from its peak still there are areas including 09 union councils of Tehsil Thul and 03 union councils of Tehsil Garhi Khoro where the flood water made hard-to-reach paths for guests to access the village. The recent flood in Jacobabad in 2022 affected 5 UCs (Bahadarpur, Kot Jangu, Logi, Maloi, and Tanwari) the most, due to their low-lying topography and inadequate drainage infrastructure. The targeted villages within these Union Councils were home to the people most affected by the flood, who had lost their homes, crops, and livelihoods. With the support of Concern Worldwide, the FRDP provided assistance to 2883 households from remote villages in need of food, shelter, and medical care by giving them bedding and hygiene kits. The provision of these kits helped maintain good hygiene practices and prevent disease outbreaks. The FRDP formed village committees made up of local community leaders to assist in selecting beneficiaries and held health and hygiene sessions in all of the project villages. The assistance provided was crucial in helping the flood-affected people of Jacobabad to recover and rebuild their lives.



## From Ruined House to Shelter and Hope

Asif Ali Khoso is a small village with a population of 500 located in UC Bahadurpur Tehsil Thul district Jacobabad. The village was once a thriving community where people lived happy lives with all the necessities required for daily life, including agriculture crops, small businesses, and livestock-related activities. However, their lives changed dramatically when the 2022 flood hit their village, destroying all of their homes and wiping out all their possessions, including kitchen sets, bedding items, and livestock. The heavy rain also caused injury to many villagers and added to the already dire situation. When the FRDP team visited Asif Ali Khoso to collect data for their intervention in UC Bahadurpur, they found that the village was 100% affected by the flood and in dire need of assistance. The team was moved by the resilience and determination of the villagers and is determined to help them recover and rebuild their lives.

Ms. Haseena lived a simple life in a small village with her family in a single-room mud house. However, their lives were turned upside down when heavy rains and floods destroyed their home, leaving them with no shelter or protection from the elements. But all that changed when Ms. Haseena received aid from FRDP in the form of bedding and hygienic kits. With this aid, she and her children could protect themselves from the cold weather and live healthier lives in a clean environment. Ms. Haseena is grateful for the support from the donors who reached her in her village and selected her as a beneficiary. Though she may not have the words to express her gratitude, the difference in her life and her children's lives is proof enough of the impact of their generosity.

From a ruined house to a place of shelter and hope, Ms. Haseena's story is one of resilience, determination, and the power of community support.







### **Emergency Support for Flood 2022 Affected Population in Jamshoro District**

The semi-hilly region of Tehsil Manjhand in District Jamshoro faced a flood crisis due to heavy rain, canal breaches, and drain water from the mountains. The situation was getting worst and doubled the miseries of the population already with poor infrastructure, loss of limited available livelihoods, and difficult-to-access muddy routes. Care International in Pakistan jointly with FRDP responded to the Flood emergency and designed and secured funding. The project focused on supporting immediate needs through Non-Food Items and Hygiene kits/Menstrual Hygiene Management (MHM) Kits for vulnerable people who were affected by floods.

The response was designed initially to provide 630 NFIs Kits, 630 Hygiene Kits, and 630 Shelter kits to flood-affected populations in District Jamshoro, Hyderabad Division, Sindh. FRDP formed Village beneficiaries selection committee in some 17 villages of Tehsil Manjhand, the village community organizations recommended a list of the most affected households, FRDP did need an assessment as per set criteria, and following the donor compliance and CIP approaches, the assessment was followed by verifications of assessed beneficiaries. The community organizations were trained on complaint response mechanisms and channels were established to ensure accountability and transparency.

The finally selected beneficiaries were provided with the above-mentioned kits at some three distribution points, CARE team joined the process and appreciated the FRDP team. The distribution plan was developed jointly with PDMA and District Authority. Finally, a post-distribution monitoring process was implemented to evaluate the impact of the aid and identify any areas for improvement for future projects.

### **“The struggle is a great testimony”**

In the small village of Golara, surrounded by poverty and lacking basic public facilities, Mr. Nizam Udin with his blind eyes weaves dreams for a better life for himself and his sister. Despite the loss of his parents and facing the challenges of caring for his blind sister, Nizam refuses to give up. He started by borrowing small amounts of money and saving it until he had enough to start his own small business selling essential confectionary. With the help of his niece, he was able to make daily living for himself and his sister.

Suddenly his life was ruined by the recent flood, people were temporarily displaced from his village, and people were unable to pay, and in a result, he lost his earning. He said never was able to visit district authorities, since there was no one to take him, since following the village committee's recommendations FRDP team is at his doorstep, he registered his sister, she was provided with NFI, Shelter, and hygiene kits, he in village meeting asked why none whom we elect visited us, why FRDP has to reach and serve, he thanks FRDP and Care for their generous support.

Nizam's story is a testament to the power of determination and self-reliance. Instead of waiting for a miracle, he found the courage to start on his own and create a better life for himself and his loved ones.







### **Reducing Water scarcity in Pakistan**

The Fast Rural Development Program aims to address the issue of water poverty at scale by engaging people in desperate need and using scientific evidence to identify the most impactful solutions. FRDP focuses on three core principles: engagement, evidence-based solutions, and cost-effectiveness.

The FRDP has been working since 2007 to improve water security in various regions of Pakistan, including hard-to-reach areas like the mountains of Khyber Pakhtunkhwa, deserts of Sindh and Balochistan, and plain lands of Punjab. FRDP implemented a range of initiatives to provide basic water facilities, such as reverse osmosis, dug wells, hand pumps, and solar panels, at the household and community levels.

In addition, FRDP has led the PATS (Pakistan Approach for Total Sanitation) and SLTS (School-Led Total Sanitation) initiatives to eradicate open defecation and promote better health and hygiene practices among communities. FRDP also actively participates in policy dialogue at various levels. FRDP is committed to quality and transparency in their work, and are members of the Sphere standards to guide their WASH (Water, Sanitation, and Hygiene) interventions. During the reporting period FRDP jointly with its partners like Paani, Penny Appeal, and Individual philanthropy installed some 1078 schemes in Jacobabad, Badin, Mirpurkhas, Tharparkar, Noushehra, Charsasadda and Khirpurmiras districts of Pakistan, these schemes proved to be the sustainable source and improved access to clean and safe water for communities affected by water poverty. These schemes are not only adding value to public assets but also increasing participation and ownership of local communities in the identification and implementation of such solutions. Women beneficiaries are reporting a reduction in the burden of water collection and feel secure and safe while collecting water from doorsteps. The FRDP is trying to establish a regular dialogue with local communities and stakeholders to understand specific needs and challenges related to water poverty. FRDP is ensuring to direct the most money possible to high-quality, cost-effective, and appropriate solutions.



## Empowering Women through Solar-Powered Innovation: A Story of Relief and Resilience in Tharparkar Village

In the remote village of Rohal in Tharparkar, life can be hard for those without access to basic necessities. One such necessity is clean and safe drinking water, which is a daily struggle for many families. However, thanks to the Fast Rural Development Program (FRDP), the lives of people in Rohal and other villages like it have been greatly improved through the installation of solar-powered wells. Guddi, a 9-year-old girl from Rohal, has seen the positive impact of FRDP's efforts first-hand. She recalls the difficulties her mother faced before the solar-powered well was installed, having to walk long distances to collect water and carry heavy loads back to the village. But now, all of that has changed. Guddi happily shares, "After getting the solar-powered well from FRDP, my mother's daily work burden has been reduced so much and she is more relaxed now."

This is just one example of the many success stories that have come out of FRDP's efforts to promote self-resilience in communities and contribute to sustainable development. The organization's innovative approach to providing access to clean water has not only improved the quality of life for families like Guddi's but has also empowered women, who often bear the burden of collecting water for their families.

FRDP's work is a testament to the positive impact that can be made through a commitment to helping communities and the environment. As Guddi's story shows, even small changes can have a big impact on people's lives, and FRDP is working tirelessly to make sure that more families have access to the resources they need to live healthy and fulfilling lives.







### **TOGETHER, Response In Semi-Urban And Rural Areas Of District Jamshoro Affected By Monsoon Rains**

During recent monsoon rainfall in District Jamshoro, the Darawat Dam overflowed after incessant heavy rains and flooded the homes and agricultural lands in Taluka Thano Bola Khan. Manchar Lake from Taluka Sehwan People shifted to higher grounds, leaving behind their homes and household items. Many families have been displaced on a temporary basis after their villages were flooded by the overflowing Darawat dam in Thano Bola Khan taluka, Sehwan and Manjhand of Jamshoro district.

According to the information received through primary and secondary resources, affected communities are in need of immediate support of the following items;

- Clean drinking water
- Food items
- Non-food items
- Hygiene Education
- Tents
- Medical Support

The project funded by WHH aimed to provide assistance to the most vulnerable families whose income generation activities have been affected due to recent rains and flood in District Jamshoro, to those people who have been asked to evacuate their villages, however, cash assistance was provided to the selected families (families with widows, elderly people, people with disability and daily wagers).

FRDP engaged local leaders for the identification of the affected and most vulnerable families. The location and date of the distributions were already planned in consultation with the affected communities. Informative sessions were organized for communities to be aware of the use of the items in the relief packages.

The FRDP team ensured the participation of the maximum population in the project who would



be receiving informative messages through various modes of communication like radio, person-to-person, printed literature, etc. The frequent visits of the project team at various project locations at health facilities, schools, public places, etc. were helpful to know public opinion at the different stages of the project. FRDP distributed NFI kits among the 300 most vulnerable families to make their survival better during a hard time of monsoon and flood. Additionally, Cash assistance was provided to those 300 most vulnerable families whose income generation activities have been affected due to recent rains and floods in District Jamshoro. Keeping the situation in mind FRDP chose the most accessible branchless banking option so the beneficiaries could easily cash their tokens provided to the most vulnerable families as per the criteria due to no/low mobility in the area. Social media was leveraged to educate and keep communities updated, FRDP posted awareness messages on FRDP's FB page, and LinkedIn page, and urban flood/water logging informative videos were also developed to share on the YouTube channel of FRDP as these tools FRDP had been using for years to keep stakeholder informed and updated.

### **Rebuilding requires Courage": A Story of Khadija**

The recent emergency caused by floods in 2022 exposed the reality of poor administration and inadequate planning in many areas. It also highlighted that differently-abled persons are not always a priority, even to those whom they grew up with. This is the case of Khadija, who belongs to the Village Mohammad Ali Khaskheli of Thano Bula Khan. The heavy rain and overflowing from Darwat Dam forced her family to leave their home immediately. Khadija, who is differently abled, has faced numerous challenges throughout her life, she has always prioritized their wills and buried her own choices just to make them happy. However, during the recent flood crisis, she encountered a different kind of challenge. Despite the urgency of the situation, no one was ready to extend support to her as a differently abled person during the evacuation process. Seems she was not of any use, she was the last one in every assistance her family received. Khadija recounts that she always felt like a burden to her family and community. But this time, thanks to FRDP and its partners, she was approached at her doorstep and asked about her experiences during the flood crisis. This was the first time anyone had taken an interest in her well-being, and it was a much-needed validation for her. Despite the assistance she received, including a cash grant, Khadija feels that it is not enough to rebuild her life. She feels that the help she received is merely a drop in the ocean compared to what she has lost. However, she sees the assistance as a glimmer of hope that there are people who think of her and who are willing to help her. Despite the difficulties she has faced, Khadija remains hopeful and resilient. She believes that she can rebuild her life, but she will need the support of her family and community to do so. She would like to see more assistance and support being provided to differently-abled persons during natural disasters in the future. She would also like to see better planning and administration in place so that people like her are not left behind in times of crisis. The story of Khadija highlights the importance of providing support and assistance to differently-abled persons during natural disasters. It also underscores the need for better planning and administration, so that everyone, regardless of their abilities, can be taken care of during emergencies. The experiences of Khadija serve as a reminder of the importance of considering the needs of all members of society, especially those who are often marginalized.







### **Food Assistance in Shaheed Benazir Abad**

The rains and floods of 2022 were a great calamity that affected thousands of families in the Shaheed Benazir Abad District of Sindh. The affected families were forced to leave their ancestral villages in search of food and shelter. The unprecedented floods caused massive destruction and left behind standing water in many parts of the province, even today in 2023 there are some 10 districts of Sindh where flood water is not completely drained, which include Khairpur, Badin, Sanghar, Jamshoro, Umarkot, Dadu, Qambar-Shahdadkot, Mirpur Khas, Shaheed Benazirabad, and Naushehro Feroz districts.

The Fast Rural Development Program (FRDP) partnered with the World Food Program (WFP) to provide food and other essential items to the affected families in Shaheed Benazir Abad. The focus was on Tehsil Daur and one Union Council of Qazi Ahmad, which were severely affected by the floods. The teams at the front identified 10,000 families who were later provided with food supplements, including wheat flour, vegetable oil, and nutrition packages for children, lactating, and pregnant women. The support was provided in three consecutive cycles.

For many families, the lack of support and resources during this period put them at risk of starvation. Without access to their fields, they could not grow their own food, and with roads washed away, it was difficult for them to reach markets or receive assistance from aid agencies.

However, some families were able to find support through the generosity of their fellow community members. the partnership between Fast Rural Development Program (FRDP) and the World Food Programme (WFP) serving at their doorstep was a game changer. These programs provided communities with the necessary support and resources to secure themselves from starvation. The FRDP and WFP's efforts to bring aid directly to the doorsteps of those in need were crucial in ensuring that communities had access to the essentials required for survival. These programs played a significant role in mitigating the adverse effects of the shortage of livelihood and relief assistance during this national emergency time period.



## Surviving the Starvation: A Mother's Story of Resilience

Ms. Sabiraan, a mother of six, lived her life in Village Qazi Nizam Udin, where securing food was always a challenge. However, things became even more difficult when their village and surrounding areas were flooded for over two months, leaving them unable to even earn a daily wage. She recalls the desperate times when they only had water to fill their stomachs.

During this trying time, no one was reaching out to help, and they were left to fight for survival alone. But then, FRDP with the support of WFP arrived and provided multiple food & ration packages, which became the foundation for securing their food. Without this support, Ms. Sabiraan and her family would have had no energy or money to survive.

She says "Thanks to FRDP and WFP, a miracle happened". Now, Ms. Sabiraan's male family members and other village workers are out of the village, earning money to feed their families back home.

Her story is a testament to the power of aid and the resilience of the human spirit in the face of disaster. Despite the floods and the uncertainty that followed, Ms. Sabiraan and her family were able to survive and thrive, thanks to the support they received.







### **Building a Better Future: Educating Afghan Refugees in Pakistan**

After more than four decades of conflict and instability in Afghanistan, an estimated 24 million Afghans are in need of humanitarian assistance. Of the more than 6 million Afghans who were forcibly displaced from their homes by the end of 2021, 3.5 million were displaced within Afghanistan, while 1.5 million were hosted in Pakistan as refugees. As a result of the ongoing conflict, many Afghans have been forced to flee their homes and become displaced within the country or seek refuge in neighboring countries. Pakistan has been one of the main host countries for Afghan refugees, with millions of Afghans seeking shelter in Pakistan since the war began. The Pakistani government and the international community have struggled to provide adequate resources and support for a large number of refugees, leading to significant challenges for both the refugees and host communities.

Afghan refugees are facing a difficult time in their lives as they lack basic necessities and their mobility is restricted in some areas. They are only recognized as cheap labor, but the reality is that they are living in dire conditions. The worst affected among them are women and children. However, there is some hope for these refugees. The Fast Rural Development Program (FRDP) is working to ensure education for Afghan refugees in the Khyber Pakhtunkhwa province of Pakistan. Education is a powerful tool that can change the lives of these children and give them a chance to build a better future for themselves and their families. FRDP has constructed a school building in a refugee camp in the District of Naushehra and has hired and trained local teachers. Accelerated courses have been designed to fill the gap created due to pandemic restrictions. Now, these boys and girls recite the Pakistan national anthem daily. Integrated development programs are designed, and efforts are made to mobilize resources and contribute to stabilizing the economic as well as social well-being of refugee families. The joy is visible on their faces, and their eyes light up with the hope of a bright future.



## Transformative Power of Education: Story of Afghan Refugee Girl

Marwa lives with her family in a refugee camp in Pakistan, is only six years old, but she had already experienced more hardships than most people do in a lifetime. Her family had fled their home in Afghanistan due to the war, and now they were living in a small tent with very little food or resources. Despite all the challenges she faced, Marwa was a determined and resilient girl. She knew that education is the key to a better life, and she had always loved going to school. So when she heard that a new school was being established in the refugee camp, she was overjoyed. The school was called Ayshea Academy, and it was set up by the Fast Rural Development Program (FRDP) to provide education and skills training for refugee children and youth. Marwa was one of the first students to enroll, and she quickly fell in love with her new teachers and classmates. Every day, Marwa would wake up early and walk to school with a big smile on her face. She loved learning new things, from reading and writing to math and science. She also enjoyed the after-school activities, like sports and art classes, where she could make new friends and have fun. Thanks to the education she received at Ayshea Academy, Marwa began to dream big about her future. She wanted to become a Finance Minister of her country someday, so she could help other people who are suffering as her family had. She also wanted to be a role model for other young girls in the refugee camp, to show them that education was possible even in the toughest of circumstances. As Marwa continued to thrive at Ayshea Academy, her family also began to see the benefits of education. They realized that education is not just a tool to get a job, but a necessity for their children's future. They started to prioritize their children's education and encouraged them to work hard and stay focused on their studies.

Marwa's story is a testament to the power of education to transform lives and break down cultural and structural barriers. Thanks to the FRDP's efforts, many other Afghan refugee children like Marwa are now able to access education and took steps for a brighter future for themselves and their families.







### **Securing Food, Shelter, and Drinking Water: FRDP and JTS Joint Efforts in Flood-Affected Areas of Sindh**

Join Together Society (JTS) is another partner that helped FRDP in humanitarian assistance for 10,000 families in Mirpukhras, Jacobabad, and Shaheed Benazir Abad. JTS operates all around the world, especially in Asia, to eradicate famine, disease, and illiteracy. It is an international relief organization that has been granted special consultative status by the UN ECOSOC.

JTS is experienced in emergency food support and working with vulnerable, poorest, and children nutrition. Since 2010, JTS regularly supports orphanages, nursing homes, and special schools for the disabled and continues to provide food, daily necessities, and educational equipment in 53 facilities across Korea. FRDP and JTS partnership is committed to providing effective and sustainable humanitarian assistance to flood-affected communities. The two organizations have a proven track record of working together on disaster response initiatives and are leveraging each other's experience and expertise to provide critical relief and support to those who need it the most. By working together, FRDP and JTS are making a significant contribution to the recovery and rehabilitation of the flood-affected areas, helping to build a better and more resilient future for the affected families.



## FRDP and JTS – Productive Coalition & Collaboration

In the aftermath of the 2022 floods in Sindh, FRDP, and Join Together Society joined hands to provide humanitarian assistance to the affected communities. The partnership between these two organizations proved to be a true example of productive collaboration, merging international experience with local wisdom to reach a large number of beneficiaries in just a matter of days. The partnership began with the identification of beneficiaries, which was carried out jointly by FRDP and JTS. The two organizations worked together to cluster the affected communities and distribute food packages to those who were most in need. JTS, with its experience in emergency food support and working with vulnerable groups, played a key role in ensuring that food distribution was carried out smoothly and efficiently.

FRDP, with its expertise in rural development, took the lead in installing water schemes and piloting low-cost housing. The installation of water schemes was a critical need in the flood-affected areas, and the joint efforts of FRDP and JTS helped to ensure that clean drinking water was available to the affected communities. The piloting of low-cost housing was also an innovative approach that helped to provide shelter to those who had lost their homes in the floods. Throughout the partnership, FRDP and JTS joined forces to overcome the challenges that arose. They extended mutual support and guidance at every single step and worked collaboratively to fine-tune each other's systems and expertise. This not only helped to assist people in need but also strengthened the relationship between the two organizations. The success of the partnership was evident in the positive impact it had

on the flood-affected communities. By working together, FRDP and JTS were able to provide comprehensive humanitarian assistance to those who needed it the most. The partnership was a true example of how collaboration can be an effective tool in addressing complex social and environmental issues.

The partnership between FRDP and JTS paved the way and became a model for the true partnership of the two institutions. It was a remarkable success story, demonstrating the importance and value of collaboration in humanitarian response. By pooling their resources and expertise, these two organizations were able to make a significant contribution to the recovery and rehabilitation of the flood-affected areas in Sindh.







### Food Security & Livelihood in Tehsil Diplo & Kaloi, District Tharparkar

FRDP works in the most challenging atmosphere with poor and marginalized communities. It operates in a context, where communities are deprived of the most basic needs, and the majority of them, are fighting with issues about food security, health, and shelter due to their disadvantage of poverty, remoteness, and class differentiation. Tharparkar is home to 1.6 million population with over 2,365 villages. The desert is known for its topography and extreme weather, the district faces regular and protracted droughts. Child mortality, suicide cases, and caste-based discrimination issues are common in the area, the district is food insecure and most women and children are malnourished due to poor access to healthy food. Insufficient food and low purchasing power pose a challenge to survival. FRDP jointly with Penny Appeal initiated a livelihood project in Tehsil Diplo of district Tharparkar. Where some 55 most deserving households were supported, the initiative aimed to bring widows and the most marginalized into the fold of community organizations, provide them with productive assets, contribute to them establishing their kitchen gardens and planting local trees, and producing food at the household level and using extra produce for income generation. The FRDP team provided training to the beneficiaries on animal care, plantation, and kitchen gardening techniques, and proper utilization of available resources. The team also facilitated the formation of community organizations, established effective CRM mechanisms, and supported the community in establishing backward and forward links with the service provider and markets. The food security and livelihood project in Tehsil Diplo and Kaloi of District Tharparkar, was a success. It provided an appropriate and sustainable solution to the food insecurity and poverty prevailing in the area, it also proved that the beneficiaries were able to improve their living conditions. The partnership between FRDP and Penny Appeal was instrumental in the success of the project, and it demonstrated the power of collaboration in bringing about positive change in disadvantaged communities.





### **From Hardship to Hope: The Resilience of a Widow in the Thar Desert**

Ms. Ganga, a widow in her mid-50s, had always known struggle and hardship in her life. Growing up in a village named Bali of Tehsil Diplo, in the Thar desert region, she faced natural calamities and social challenges. While remembering her childhood she had tears in her eyes she says "never had enough food to cope with the constant threat of starvation and had to fetch water from distant sources and look after livestock, which was more important to her parents than her own well-being". Despite challenges, Ms. Ganga had hoped for a better life after getting married. However, her dreams were shattered when her husband passed away, leaving her to raise her family alone. She struggled to make ends meet with her limited skills in stitching and embroidery, which were not in high demand in her village. But then, a ray of hope appeared in her life when FRDP came to her village and encouraged them to be part of their own development. They formed a village-level committee, of which Ms. Ganga became a member. Through the committee, they discussed their issues and debated solutions to their problems. FRDP also provided them with fruit trees to plant and encouraged them to establish kitchen gardens. Ms. Ganga was given 5 chickens and a pair of goats, which helped contribute to their daily diet. She realized that despite being a widow and having never stepped out of her village she could still have productive assets that could help her survive through hard times. Ms. Ganga started selling her produce and eggs, which added value to their household income. She was able to reduce vegetable costs and contribute to her family's daily expenses. She now is an inspiration to others who face similar challenges and hardships, showing that with determination and support, anything is possible.



## Jointly with WFP, Regaining normalcy in Kashmore

In the wake of natural disasters, such as floods, communities are often left in disarray, struggling to cope with the aftermath. The effects of a flood can be devastating, with people losing their homes, belongings, and sometimes even their loved ones. In such situations, relief efforts become necessary to help the affected communities get back on their feet.

In the district of Kashmore, Sindh, Pakistan, the Fast Rural Development Program has taken the initiative to help 20,000 flood-affected families regain their normal lives and capabilities through a quick impact project. The project was undertaken in partnership with the World Food Programme, which helped to ensure that the families had access to basic food and nutrients that they lacked due to the flood.



The relief effort was initiated by FRDP, which holds productive linkages with the district administration, which helped in sorting out the areas and operation strategies. Community volunteers were also capacitated, along with the team of project professionals, who helped identify and select extremely poor families based on agreed beneficiary criteria.

After the registration and verification of beneficiaries, FRDP established its warehouses to ensure a timely supply of food and nutrition packs to the affected families. The establishment of community complaint response and resolution mechanisms ensured that the relief efforts were effective and efficient in helping the affected communities.

The relief efforts by FRDP and the World Food Programme have gone a long way in helping the affected communities to regain their normal lives and capabilities. The provision of basic food has helped to address the issue of malnutrition that was prevalent due to the lack of access to basic food. The relief efforts have also helped to reduce the burden on the families who were forced to consume unhealthy food due to the flood.

The involvement of community volunteers in the relief efforts has also helped to build the capacity of the local communities to respond to disasters in the future. The establishment of community complaint response and resolution mechanisms has ensured that the relief efforts are responsive to the needs of the affected communities.

The relief efforts by FRDP and the World Food Programme in Kashmore, Sindh, Pakistan have been a great success in helping the affected communities to regain their normal lives and capabilities. The provision of basic food, the establishment of community complaint response and resolution mechanisms, and the involvement of community volunteers have all contributed to the success of the relief efforts. These efforts demonstrate the importance of partnerships between organizations and the involvement of local communities in disaster relief efforts.



## Surviving the Surge: A Rural Mother's Determination

Massi Aamnat is a mother of six children who lived in a small village named Abdul Hakeem Bijarani in Kashmore district of Sindh. She had always struggled to make ends meet, but things took a turn for the worse in 2022 when a devastating flood hit the area, causing widespread damage and disrupting food supply chains those displaced also lost capacity of buying whatsoever was available in markets.

As a result of the flood, many families in the village Abdul Hakeem Bijarani of Union Council Dunlapur, including Ms. Aamnat's, experienced a sudden surge in food insecurity. Food prices skyrocketed, and many people were unable to afford even the most basic items. Ms. Aamnat's family was hit particularly hard by the food insecurity surge.

Three of Ms. Aamnat's children were malnourished, and she herself was found to be lactating. Unfortunately, lactating mothers in Sindh often face a number of challenges that can make it difficult to provide adequate nutrition for their babies. For one thing, they may not have access to enough food themselves, which can limit the amount and quality of milk they are able to produce. Additionally, they may not have access to clean water, which can lead to infections that further compromise their ability to produce milk.

Despite these challenges, Ms. Aamnat was determined to do everything she could to help her children. She started by seeking out help from local aid organizations, FRDP jointly with WFP

assessed her, and found her as per set criteria, she was provided with much-needed food supplies and care for her malnourished children. She also began to educate herself about proper nutrition and feeding practices for lactating mothers, and she worked hard to ensure that she was getting enough food and water to produce adequate milk for her baby.

Over time, Ms. Aamnat efforts began to pay off. Her children started to gain weight and become healthier, and she herself began to feel stronger and more energetic. Despite the ongoing challenges posed by the food insecurity surge, Ms. Aamnat remained committed to doing everything she could to provide for her family and ensure that they remained healthy and well-nourished.







### **FRDP's Skilled Staff and Tech-Driven Strategy Drive Impactful Change**

One of the key strengths of FRDP is its well-trained and experienced staff, who possess the skills and expertise necessary to ensure the success of the organization's various programs.

FRDP staff members are trained over time and are capable of handling any situation that arises. They have shown great dedication, and flexibility while working on development and charity programs, adapting to changing circumstances and overcoming challenges. This adaptability has been a key factor in the success and long-lasting results of FRDP's initiatives. Moreover, FRDP's senior management recognizes the importance of technology in streamlining routine operations and ensuring compliance with partnership agreements. As such, they prioritize the incorporation of new technologies into their processes, which not only increases efficiency but also enhances the overall impact of organizational contributions.

FRDP's well-trained and seasoned staff, coupled with the organization's emphasis on technology, is a testament to its commitment to rural development and charitable activities. Their dedication to their work is reflected in their ability to adapt to changing circumstances, overcome challenges and bring about meaningful change in the communities they serve. FRDP recognizes the importance of investing in young talent and providing opportunities for them to gain practical experience and contribute to the development sector. The organization's commitment to promoting innovation and empowering young professionals is a key aspect of its success in achieving its mission. During the current quarter, FRDP welcomed 97 new staff members, with a majority of them women. This highlights the level of trust that society as a whole poses towards FRDP. As interns at FRDP, fresh graduates are given the opportunity to work alongside seasoned professionals and contribute to the development of innovative ideas that can have a real impact on the lives of rural communities in Pakistan. Through discussions, debates, and piloting new ideas, interns are able to learn and grow in a supportive and collaborative environment.





### Turning Passion into Action

Muhammad Mikail's journey is an inspiring example of how hard work, dedication, and passion for a cause can lead to success. Despite coming from a desert region where water scarcity is a major issue, he did not let his circumstances define him. Instead, he used his academic knowledge and skills to make a positive impact on the people of his homeland.

By taking on an internship at FRDP, Muhammad Mikail took the first step towards realizing his dream of working on water and WASH. He approached the internship with a great attitude and showed a strong willingness to learn and grow. During his time at FRDP, he identified key areas that needed improvement and proposed innovative solutions.

Muhammad Mikail's proposal to establish an Advanced Water Quality Testing and Monitoring Laboratory at FRDP was particularly impressive. His proposal demonstrated not only his academic knowledge but also his ability to think critically and come up with practical solutions.

His hard work and dedication paid off when he was hired as a WASH officer at FRDP after his internship and probation period. He is now part of a senior team that is working towards improving accessibility, availability, and quality in water-stressed areas of Pakistan.









Promote self resilience of communities by organizing and mobilizing them; and contributing in sustainable development through integrated, inclusive, environment friendly approach

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